

REFLECTION: Heads – Hearts – Hands in the Air Cleaning Department

Essential Question:

What have I learned about the air cleaning eco-service?

At a Glance:

Students will summarize their learning experience within the Air Cleaning Department in the areas of: what they are thinking (heads), what they are feeling (hearts), and what they are doing or will do (hands).

Procedure:

1. Throughout the learning process, ask students to keep notes in a journal or the designated worksheet (provide a few minutes after each activity for reflection, writing, and sharing). To focus their thoughts, have them divide or fold a piece of paper into 3 sections. Label sections as follows: Heads, Hearts, and Hands.

- Heads: what they are thinking
- Hearts: what they are feeling
- Hands: what they are doing or will do

2. Share feelings and thoughts after each activity within the session, but only have a few learners share at a time.

3. Following the learning session, ask students to review their notes and discuss similarities and differences in what they thought, felt, and did. Discuss possible reasons for differences.

Reflection Questions:

How did your Heads, Hearts, and Hands descriptions change from the beginning to the end of the Air Cleaning Department session?

Would you prioritize your thoughts, feelings, or actions? Is each equally important?

What is your motivation in helping the Air Cleaning Department?

What is your role in the Air Cleaning Department?

Why do you need the Air Cleaning Department?

Does the Air Cleaning Department need you? Why or why not?

What are some things you can do to help the Air Cleaning Department?

What are some actions you can take to minimize your impact on the Air Cleaning Department?

Are there actions our club could take to help the Air Department?

Location: Indoors

Objectives: *Learners will*

- 1) reflect upon what they have learned about the air cleaning eco-service.

Skills: communication, writing,

Supplies:

- Heads – Hearts – Hands worksheet (or a journal)
- pencil/pen

Subjects: science

Time: 15 minutes

Heads – Hearts – Hands

HEADS What are you thinking?	HEARTS What are you feeling?	HANDS What are you doing? What will you do?

